



# Resources for Pre-Med Challenges

## Stanford Premedical Association



Premed students often find the path to medical school to be challenging at times. We believe that students can benefit from taking advantage of the many resources that are available to students on campus.

Academic Resources for Stanford Students

### Academic Skills Coaching

<https://vptl.stanford.edu/students/academic-skills>

### Writing and Presenting

Hume Center for Writing and Speaking

What: 1:1 30-45 minute appointments to work on written assignments and oral presentations. Includes support for non-academic essays, personal statements, cover letters, and job/graduate program interviews.

More information at [undergrad.stanford.edu/tutoring-support/hume-center](http://undergrad.stanford.edu/tutoring-support/hume-center).

Where: Building 250 or at satellite locations across campus

When: By appointment at [sututor.stanford.edu](http://sututor.stanford.edu) or drop in information here: [undergrad.stanford.edu/tutoring-support/hume-center/see-tutor/see-drop-tutor](http://undergrad.stanford.edu/tutoring-support/hume-center/see-tutor/see-drop-tutor)

### Technical Communications Program

What: Feedback on technical writing and presenting for STEM projects from tutors with both scientific/engineering and communication backgrounds.

Where: Huang Engineering Suite 049

When: By appointment at [engineering.stanford.edu/students/support-and-resources/technical-communication-program](http://engineering.stanford.edu/students/support-and-resources/technical-communication-program)

### Math, Science, and Engineering

Individual Subject Tutors

What: 1:1 appointments with a student tutor with experience in biology, chemistry, CME, math, physics, or statistics. Includes support for problems sets and exam prep.

Where/when: By appointment at [sututor.stanford.edu](http://sututor.stanford.edu)

### Drop-in Tutoring Sessions

What: Group tutoring sessions with multiple tutors for support on problem sets and exam prep.

Where: See <https://vptl.stanford.edu/students/tutoring-foreign-language-practice>

When: Sunday-Thursday afternoons and evenings

### **AARC Group Session Tutorials**

What: Group sessions and drop-in tutorials with a graduate student in biology, chemistry, economics, engineering, math, physics, or statistics.

Where: Determined by tutoring group and tutor

When: Contact Shannon Reader (sreader@stanford.edu) for the schedule

### **CS 106 Help**

What: Group tutoring sessions for help with CS 106A/B/X assignments

Where: Old Union, second floor

When: Sunday-Thursday, 6pm-12am

### **Physics Tutoring Center**

What: Drop-in tutoring sessions with physics 20- and 40-series TAs.  
More information at <https://physics.stanford.edu/academics/undergraduate-students/undergraduate-resources/physics-tutoring-center>

Where: The Tutoring Center is located in Building 60, Room 101, in the Main Quad next to Memorial Church

When: Monday-Thursday 3-9pm, Friday 2-6pm

### **Stanford University Mathematical Organization**

What: Weekly peer math tutoring sessions for students in Math 51, 52, or 53.  
More information at [sumo.stanford.edu](http://sumo.stanford.edu).

Where: Building 380, room 381T

When: Mondays and Wednesdays 6-10pm

### **Foreign Language**

Conversation Partner Program

What: 1:1 oral conversation practice with a fluent speaker of Arabic, Chinese, French, German, Italian, Japanese, Korean, Portuguese, Russian, or Spanish.

Where/when: By appointment at [sututor.stanford.edu](http://sututor.stanford.edu)